ISSUE: November 2026

Your magazine from Campbell Park Community Council

Homeground

WILLEN WINTERHILL OLDBROOK FISHERMEAD SPRINGFIELD NEWLANDS WOOLSTONE



HomeGround Cafe coming to CPCC Community Hub in November!

CPCC
Campbell Park Community Council

MEET THE COUNCILLORS

WILLEN



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VACANCY
This could be you!
More info on our website

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Campbell Park Community Council, CPCC Community Hub, Springfield Boulevard SPRINGFIELD, MK6 3JS

Residents are welcome to visit us at the CPCC Community Hub Reception Desk, Mon-Fri 9am-4pm

COUNCIL OFFICE STAFF

CLERK TO COUNCIL
DOMINIC WARNER

DEPUTY CLERK
PERRI SULLIVAN

COMMUNITY OFFICER / COMMITTEE CLERK
TRACEY JONES

ESTATES MANAGER
CHRIS HINDSON

ESTATES OFFICER
SOPHIE GIBBENS

RESPONSIBLE FINANCIAL OFFICER
LISA BRADLEY

ADMIN ASSISTANT
TRACEY WAISTNEDGE

HOMEGROUND CAFÉ IS COMING TO SPRINGFIELD!

Great coffee, delicious food and a warm welcome.

There's a new place to meet, eat and enjoy a great cup of coffee in Springfield!

HomeGround Café is opening in early November at the CPCC Community Hub, bringing freshly prepared food, quality coffee and a welcoming space for the whole community to enjoy.

The new café is a partnership between Campbell Park Community Council and YMCA South Midlands, bringing together two organisations committed to making a positive difference in the local community.

Whether you're popping in for your morning coffee, catching up with friends over lunch or looking for somewhere to relax at the weekend, HomeGround will have something for everyone.

What's on the menu?

From freshly made toasties, sandwiches and jacket potatoes to homemade soups and delicious filled bagels, there's plenty to choose from.

Start your day with a breakfast bap and a hot drink for just £5, enjoy homemade soup with crusty bread for £5, or treat yourself to one of our freshly prepared bagels, also £5.

Vegetarian and vegan options will be available, alongside gluten-free choices.

More than just a café

HomeGround isn't your average café. It's a social enterprise supporting the work of YMCA South Midlands, with all proceeds going towards helping local young people build brighter futures.

So every coffee, breakfast or lunch you enjoy helps make a difference!

Opening Hours

We'll initially be opening four days a week:

Friday: 7.30am – 2.30pm

Saturday: 9am – 3pm

Sunday: 9am – 3pm

Monday: 7.30am – 2.30pm

We can't wait to welcome you to HomeGround Springfield. Pop in, say hello and enjoy something delicious while supporting a great local cause.

Good food. Great coffee. A good cause.

HOMEGROUND STORY

HomeGround is a social enterprise proudly supporting YMCA South Midlands.

Every coffee poured, every lunch served and every pound spent here helps support the vital work YMCA does with young people across our local area.

From providing accommodation and wellbeing support to helping young people build confidence and independence through meaningful employment, your visit helps make that work possible.

HomeGround was created with purpose — to be a welcoming place with great food and drink, while giving something meaningful back through every purchase made.

So while you're enjoying your coffee, you're also helping support young people to create brighter futures.

Come and be part of the HomeGround story. Follow us on social media for updates.



CPCC LANDSCAPE REPORT



Growing a greener future

As part of our ongoing work to improve the green spaces across our estates, we have recently purchased a variety of new trees to plant in locations across the area. The selection includes a mixture of species, from fruit trees such as apples through to larger evergreen varieties such as spruce.

We are particularly looking at opportunities to increase tree cover in our parks and open spaces. As temperatures continue to rise, established trees will provide valuable shade during the warmer months, while also adding to the variety and character of our landscape.

Increasing tree cover is also an important part of creating greener and more resilient communities, and we are pleased to be able to play our part in supporting Milton Keynes' wider ambition to remain a green city.

Learning what works for our wild spaces

Over the past four years, we have been experimenting with allowing selected areas of our green spaces to develop more naturally. This has given us the opportunity to see what grows naturally in different locations and, just as importantly, listen to what residents think about how these areas are managed.

Resident feedback has helped us refine our approach. In some locations, concerns have been raised about losing space for children to play or for dog walking, while in others there have been concerns around the risk of fire during particularly dry periods. We have therefore adapted our approach rather than simply applying the same treatment everywhere.

We now have several well-established wild areas across the estates, and we are starting to look at how we can develop these further.

As a trial, we have recently hired specialist machinery to cultivate part of the wild area on Oldbrook Green. See photos of the work in progress. This will allow us to introduce a mixture of wildflowers and bulbs and see how successfully they establish in the space.

If the trial is successful, we hope to gradually develop some of our other established wild areas using suitable wildflower mixes. This will add further colour and seasonal interest while creating additional opportunities for pollinators and other wildlife.

Working with our partners to keep spaces safe

Keeping our green spaces welcoming and safe is just as important as keeping them looking good. We continue to monitor areas where concerns are raised by residents and work with our partners where additional support is needed.

We have recently worked alongside local police colleagues following isolated reports of drug-related items being found in some green spaces. Where concerns are identified, we make sure they are reported and shared with the appropriate teams so they can be dealt with promptly.

We appreciate that finding items of this nature can be concerning, and we want residents to know that we take these reports seriously. Working together with our partners allows us to respond appropriately while continuing to keep our parks, pathways and open spaces welcoming for everyone.

Winter maintenance is underway

Our winter maintenance programme is now underway, which means the tractor flail is back out across the estates carrying out the larger hedge reductions and cutting back areas of heavier growth.

Our hand teams are concentrating first on footpaths, alleyways and important sightlines, making sure that access routes remain clear and visibility is maintained. Once these priority areas have been addressed, the teams will move on to courtyards, open spaces and other areas where larger-scale winter maintenance is required.

Winter is an important time for this work. Many shrubs and hedges are dormant, allowing us to carry out more substantial reductions while preparing the planting for healthier growth when spring arrives.

You may therefore see some areas looking considerably more open after our teams have been through. Although some of the work can look quite dramatic immediately afterwards, it is part of our planned management programme and allows us to keep growth at a more manageable level throughout the following year.

Helping us look after your local spaces

Our work is planned around seasonal growth, available resources and the needs of each individual area, but we also rely on residents to tell us when something needs attention.

If you spot overgrown vegetation affecting a footpath, access route or sightline, or have concerns about the way a particular green space is being managed, please get in touch with the Landscape Team at landscape@campbell-park.gov.uk.

Your feedback helps us understand how our spaces are being used and allows us to consider local priorities alongside our planned maintenance programme.

Thank you to everyone who continues to share their feedback and help us make the most of the green spaces across our estates. From planting new trees and developing wildflower areas to maintaining paths, hedges and open spaces, there is a lot happening behind the scenes to keep our communities green, welcoming and enjoyable for everyone.





Milton Keynes City Council

NEW APP MAKES ACCESSING WASTE & RECYCLING SERVICES EASIER

MK City Council now has an App you can download on your mobile phone.

It enables residents to keep up to date with the latest council service updates and find useful information about the weekly waste collections, the ability to book a visit to the recycling centres, reporting of graffiti and dumped rubbish.

Scan the QR code to find more information

REPORT IT!

Antisocial behaviour takes many forms. From aggressive, noisy or abusive behaviour (including vehicles, bicycles, e-bikes and e-scooters) to neighbourhood disturbances involving drugs, abandoned cars or animals.

If you've witnessed antisocial behaviour, please report it to Thames Valley Police (TVP).

TVP use the reports to identify trends and hotspots and can then allocate their resources accordingly. If there is an issue and a report is not made, they cannot respond.

It is particularly important to report any incidences relating to the consumption of alcohol in public places. The CPCC area is included within the Public Spaces Protection Order (PSPO) which provides authorised officers with powers to address anti-social behaviour linked to alcohol consumption. If a person is causing, or is likely to cause, anti-social behaaviour, they may be required to stop drinking and surrender their alcohol.

You can report antisocial behaviour, as well as other issues, online at www.thamesvalley.police.uk/ro/report/

All meetings will be held at the CPCC Community Hub and are open to the public

COUNCIL MEETINGS

17 November, 7:30pm
15 December, 7:30pm
19 January, 7:30pm
16 February, 7:30pm

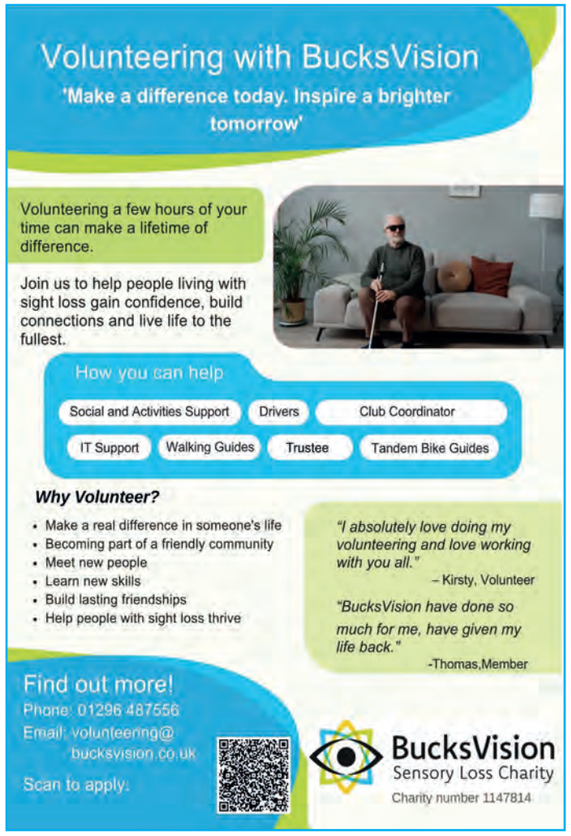
COMMITTEES

Planning
7 December, 6:30pm
4 January, 6:30pm
1 February, 6:30pm

Finance
1 December, 6.30pm

Estates
10 November, 6.30pm
12 January, 6.30pm

Community & Communications
24 November, 6.30pm
26 January, 6.30pm





Yoga Class for Beginners

Starting on
24 November 2026
Tuesdays 6-7pm

at Springfield Centre
(next to OneStop shop)
Springfield Boulevard MK6 3JH

£6 per person

To register your interest in joining this class
please email community@campbell-park.gov.uk or telephone 01908 608559

This class is funded by CPCC. The class fee is a contribution towards the running costs

CPCC Campbell Park Community Council
Yoga State of Mind
YOGA FOR HEALTH ALLIANCE

WOMEN'S NEIGHBOURHOOD CYCLE GROUP

Relaxed rides • Fresh air • Good company

Fancy getting back on your bike — or simply enjoying a gentle cycle with other women?

We're looking to start a friendly neighbourhood cycle group for women, with relaxed social rides along the Redways, through local parks and around our neighbourhoods.

No racing. No pressure. No lycra required!

The rides will be:
- Relaxed and sociable
- Exploring local parks, green spaces and Redways
- An opportunity to stop for a chat or coffee
- For women who would enjoy cycling with others

Who can join?

You don't need to be an experienced cyclist. **You just need to be able to ride a bike, or have cycled in the past and want to get back in the saddle.**

Don't have a bike?

Let us know — a bike may be available for you to use.

When would you like to ride?

A local ride leader is keen to organise rides, but we want to find out **what days and times suit local women**.

Would you prefer:
- Weekday mornings
- Weekday afternoons
- Weekday evenings
- Weekends

Interested?

Get in touch and tell us what would work for you. Please email: community@campbell-park.gov.uk



HAVE YOU GOT WHAT IT TAKES?

Discover how you can make a real impact in your community through volunteering with Citizens Advice.

Discover your unique volunteering style and explore how working with us can help others in your local community whilst building your skills, confidence and career.
Scan the QR code to find out more.

Take The Quiz

Apply For Roles

HERE FOR ALL CARERS

CARERS SUPPORT

Are you an unpaid carer caring for someone who lives in Milton Keynes?

The Carers Support Network brings together specialist organisations, each providing help for different groups of carers.

By bringing specialist partners together under one coordinated network, carers no longer need to navigate multiple services alone.

TEXT 'CARER' TO : 88008

OR EMAIL carers@mkcab.org.uk

citizens advice Milton Keynes

Funded by Milton Keynes City Council

Bookings now open!

Omnibus: Approaches to Making with Robin Clements

A five-week art club for ages 7-11 starting on Tuesday 5th January 2027

4:30-6pm at Springfield Centre



Join us for a creative five-week journey where children are encouraged to explore, experiment and discover the joy of making! Each session offers an opportunity to work with a variety of materials, tools and techniques, giving children the freedom to follow their curiosity, try new ideas and develop their own unique creative style.

If you are a resident of New Bradwell, Stantonbury, Campbell Park Community Council or Shenley Church End Parish Council this course is free of charge.
visit www.miltonkeynesartscentre.org/events for more information.
Scan the QR code to book your place

CPCC Campbell Park Community Council
Omnibus
Milton Keynes Arts Centre

YOUNG ARTISTS MAKE THEIR MARK AT THE CPCC COMMUNITY HUB

Local young people have transformed their creative ideas into a striking street art installation for the CPCC Community Hub.

Earlier this year, CPCC commissioned Educreate Learning CIC to deliver a 12-week street art programme for young people aged 12–16. Through practical workshops, participants developed skills in design, spray painting, stencilling and creative expression, while building confidence and learning to work collaboratively.

Their enthusiasm, creativity and hard work brought the project to life. **Special recognition goes to Lacey, whose commitment throughout the programme placed her at the heart of the mural design.**

We were honoured to welcome the Mayor of Milton Keynes to a celebration where the installation was officially unveiled.

The finished piece is more than a colourful addition to the Hub. It is a vibrant reminder of what young people can achieve when they are given the space, skills, encouragement and support to develop their talents and bring their ideas to life.





CPCC
Campbell Park Community Council

YOGA FOR HEALTH ALLIANCE

SOUND HEALING

Immerse yourself in therapeutic sounds that calm the mind, heal the body, and uplift the spirit



Thursday 10 December
6:30 - 8pm
CPCC Community Hub, Springfield MK6 3JS

To secure a space a contribution of £10 per person (paid in advance) is required. Spaces will be allocated on a first come first served basis.
As the number of spaces available are limited, CPCC residents will be given priority.

To register your interest in attending please email: community@campbell-park.gov.uk or contact 01908 608559 for more information



SPRINGFIELD COMMUNITY LARDER CELEBRATES SUCCESSFUL RE-LAUNCH

Springfield Community Larder is celebrating a fantastic response to its re-launch at the CPCC Community Hub, with many new members joining from the CPCC area and across Milton Keynes.

Open every Wednesday from **3pm to 7pm**, the larder is the first in Milton Keynes to stay open after 5pm. The evening hours make it easier for people to visit around work, education, school, childcare and caring commitments.

The friendly weekly session offers a practical way to access good-quality surplus food, save money and help reduce food waste. It is facilitated by SOFEA and run by Campbell Park Community Council.

The Community Larder is for everyone. It helps to support the local community and prevent valuable food from going to waste whilst saving money on your shop. Our larder supports people from all walks of life and is designed to bring communities together.

Membership starts from **£4.50 a week**, with a range of groceries available, including tinned goods, chilled and frozen food, and fresh fruit and vegetables.

We have been pleased to have some local people join the Springfield Community Larder team, offering their time to help greet members, sort food and support the running of the sessions. Volunteering with the Larder is a great way to meet people, learn skills and make a difference locally.

If you would like more information, you can visit the Springfield Community Larder at the **CPCC Community Hub Wednesdays, 3pm–7pm**. For volunteering enquiries, contact Tracey Jones on **01908 608559** or email community@campbell-park.gov.uk. More information about membership of community larders is available at www.sofea.uk.com/purpose-projects/community-larder

CPCC
Campbell Park Community Council

COMMUNITY LARDER



CPCC GRANTS

Campbell Park Community Council

Grants & free use of community spaces to support local community groups

Campbell Park Community Council is keen to support groups delivering services in the CPCC area.

Any group, society, playgroup, or charitable organisation in the CPCC area, or benefiting residents of the CPCC area, may apply for a grant from the Community Council. If you can show us that the grant will be put to good use, we are only too pleased to help.

Would like to start a new activity, deliver a community service or start a community group for local people within the CPCC area, but need a venue? Perhaps you need use of a space to run your sessions, to enable you to gauge interest or to build up the attendance but without the burden of venue hire charges. We might be able to help you!

Please contact us or visit our website at **https://www.campbell-park.gov.uk/services/grants**/ to find out more or contact the Community Officer on 01908 608559.

We recently awarded the following grants;

- £750 to MK Parks Trust towards the Big Hangout event for young people, sponsoring the climbing wall
- £1000 to Geoff Taylor Educational Trust for the distribution of educational support grants for local people
- £1000 to Awake to Know Africa towards their Community Together Initiative

Over the last few months, we have been pleased to support the following organisations by providing free use of CPCC community spaces;

- Mind your Mind Social Group
- MK Lymphoma Support Group
- Golden Memories Thrive Club
- MK Arts Centre
- Keeping Kids Off The Streets (KKOTS)
- Springfield Craft Club
- Cardiac Risk in the Young (CRY)
- MIND BLMK
- MK Music Service
- Leap
- Geoff Taylor Educational Trust
- Spinal Injuries Association
- MK City Council – Highways Drop In
- Central & North West London NHS Foundation Trust
- Community Action MK
- CHUMS MK Young Carers
- Swans Community Partnership
- MK Stoma Support Group (Pictured below)
- MK Neighbourhood Watch
- Meeting of Springfield Residents







Cardiac Screening Event for Young People held at the CPCC Community Hub by Cardiac Risk in the Young

CPCC were pleased offer Cardiac Risk in the Young (CRY) the use of the Community Hub for a weekend in September.

The aim of CRY is to prevent young sudden cardiac deaths through awareness, screening and research, and supporting affected families.

The charity used the space to set up a number of cubicles in which a team of health professionals undertook cardiac screening checks on over 200 young people aged 14-35 years old.

Angela Price, a Trustee of the Memoria fund for Alden Price and on behalf of CRY said "I just wanted to say a huge thank you for providing the venue for this weekend's screening. It was a great success with nearly 200 young people screened & a number of referrals."

Another screening weekend is set for May 2027. You can find more information and can register interest in an appointment at www.testmyheart.org.uk

Summer Fun!





Thank you to everyone who came along to join in with our summer holiday activities.

We hosted our busiest programme ever with lots going on for our young residents.

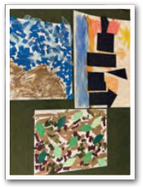
Every week we had football sessions in Fishermead delivered by 5 On It, family pickleball sessions in Oldbrook run by MK Smashers Pickleball Club, cheerleading sessions in Springfield coached by First Class Athletics, as well our popular Kids Craft Club facilitated by Councillor Val Dixon and our Friday Family Film Club at the CPCC Community Hub.

We also had our annual Community Picnic which was held at the CPCC Community Hub. It was great to see so many residents attend and take part in the games and activities and also enjoy the live music and entertainment.

It was great to see so many people get involved, try a new activity, get active, be creative and spend time together.

The Willows school and EYC (including nursery from 2-4year olds)
Winter News

We ended the summer term with a fabulous community picnic after our leavers assembly and really enjoyed the weather. Some of our learning activities in the summer included an ice cream shop, designing and making our own t-shirts, collaborative art and working with our friends.








This term has started with all the usual excitement of returning to school. Welcoming new families, seeing friends again, voting in the school council and attending SUPER clubs after school, alongside our learning.

We are celebrating reading with our families who have joined us for an afternoon to find out all about reading for pleasure and both staff and children have entered a competition to win a goody bag by sharing photos of themselves reading in unusual places.





If you would ever like to visit our school, nursery or daycare (opening from January 2027) please call the office on 01908 528803 or email:office@thewillowseyc.org.uk

Willen Primary School
Exciting Learning

Learning Beyond the Classroom at Willen Primary School

At Willen Primary School, we believe that an enriched curriculum gives children opportunities to take their learning beyond the classroom and experience subjects in exciting, meaningful and memorable ways.

Our youngest children in EYFS have been enjoying an Autumn Walk, developing their Personal, Social, Emotional Development as they follow instructions, explore their surroundings and learn together.

In Year 1, our children have stepped into the shoes of explorers for a special **Explorer Day**. Through dressing up and completing a treasure hunt, they have brought their History learning to life and developed their understanding through practical experiences.

Year 2 have become photographers for the day! Building on skills developed through their Art lessons, our **Photography Day** has given children the opportunity to experiment with photography and see themselves as artists.

Our Year 3 children have been settling brilliantly into Key Stage 2, embracing new routines, challenges and opportunities as they continue their learning journey.

In Years 4 and 5, children have been exploring sculpture with artist **Andy McDermott**, while also meeting the **Parks Trust** and beginning their journey as Junior Park Rangers. These experiences bring together Art, Science, Geography and PSHE in a purposeful and engaging way.

Our Year 6 children have also stepped back in time for **Evacuation Day**, developing their understanding of life during the Second World War and the experiences of evacuees, while reflecting on the heritage and cultural influences that have shaped their own lives and those of others.

At Willen, we want children to **learn, explore, create and experience**, making every part of their education count.

The Willows Day Care

The Willows Day Care

OPENING JANUARY 2027

APPLY NOW!



QUALITY CARE FOR BABIES & TODDLERS

- We will be offering care for babies & toddlers aged from 9 months- 2 years
- Available full-time from 8am-5pm. Term time only.
- AM and/or PM sessions can be considered
- Snacks and fresh milk provided *(We do require you to provide your own nappies, wipes and milk formula)*
- Experienced & qualified childcare team

Please contact The Willows School Office for more information or to arrange to come & have a look around our setting, viewings are always welcome.

We also have an existing nursery providing care for children from 2 years old and our infant school provides education for children up to 7 years old which offers wrap around care from 8am - 6pm

Situated in
The Willows School and Early Years Centre

Fishermead Boulevard
Fishermead, Milton
Keynes MK6 ZLP

Tel: 01908 528 803

Email: office@thewillowseyc.org.uk

www.thewillowseyc.org.uk

Free to attend

Mind & Motion

mind BLMK

Mental Fitness & Fall Prevention

Welcoming Spaces: Simple, open, and friendly

For residents living in Milton Keynes

Join us for Mind & Motion, a supportive space for adults (18+) looking to strengthen both mind and body. In these relaxed sessions, you will discover how physical strength helps prevent falls, learn practical mental resilience tips, and enjoy light mobility exercises. It is the perfect opportunity to improve your physical health, support your emotional wellbeing, and connect with others whilst sharing light refreshments.

Springfield Community Hub Monday 10am - 11am
Starting on 21st September



To find out more: register you interest via email or call us to find out more.
Telephone: 0300 330 0648
Email: fallsprevention@mind-blmk.org.uk
Visit: www.mind-blmk.org.uk



Funded by Milton Keynes Community Action Milton Keynes

Art Installation at the Hub



We were pleased to have this art installation at the Hub during October.

The installation is called 'One Small Change' and it is designed to present a visually striking sculpture and thought-provoking information which emphasise the relationship between human consumption and the natural world, while also actively delivering practical messages of environmental hope and opportunity.

The sculpture is primarily constructed from discarded plastic toothbrushes and takes the form of a large flower. Given that every plastic toothbrush produced since the1930s still exists and will be in existence for more than 1000 years, the installation aims to confront visitors with the staggering reality of plastic toothbrush waste. Ultimately the goal of the exhibit is to grab people's attention visually, educate them about the grim reality of plastic toothbrushes, and to transform this stark visual realization into immediate, positive lifestyle action by inspiring visitors to ditch plastic and switch to more sustainable bamboo alternatives.

The Artist

Nick Stenton, who created the 'One Small Change' toothbrush flower installation, is a Milton Keynes based artist and architect who also designed the CPCC Community Hub building where the sculpture is on display. Nick is driven by a passion for conservation, wildlife and sustainable design. Both his architectural designs and art installations aim to provoke thought and conversation about environmental sustainability and preserving the planet for future generations.



HOPEWORLD 2087

As many of you will know, 2027 is MK's 60th birthday. In the city's diamond anniversary year Milton Keynes Arts Centre is planning a series of artist residencies, partnering with local councils, arts and heritage organisations and residents across the city. The first iteration of this residency programme asks the question, 'What will Milton Keynes look like in 2087?'

Milton Keynes artists Deb Fielding and Sarah Hunt have been invited to explore this question through arts workshops and creative conversations alongside local residents in the central areas of MK. The 3 month project, in partnership with Campbell Park Community Council, Milton Keynes Arts Centre and MK Gallery, will result in a new piece of artwork for the recently built CPCC Community Hub in Springfield.



Pictured are Perri - Deputy Clerk CPCC, Sarah - Artist, Deb - Artist and Tracey - Community Officer CPCC at the CPCC Community Hub

Sarah Hunt is an artist with a background in contemporary craft and textiles, and a belief that art is for everyone, everywhere.

Deb Fielding is an artist and writer who makes poems, stories, paintings, garments and spaces for people and planet to flourish.

Together they acknowledge that looking to the future can feel daunting at the moment for people of all ages and places. However, with their HopeWorld 2087 Residency, Deb and Sarah are keen to look around at what MK already is and forward with hope, encouraging residents to imagine the Milton Keynes they would like to see so we can all begin to build it. Deb writes, *"It's the year 2087. Things have changed in Milton Keynes. Like all the best, most enduring stories, the myth of Milton Keynes involves familiar threads, challenges, a quest and eventually a homecoming."*

CPCC residents are invited to contribute their ideas and express their creative vision for the future of our city in 6 free art workshops divided into themes of 'Imagining' and 'Building'. There will be 2 additional art workshops for young people ages 12-17 to inspire and support them to be involved in their community's future. Finally, residents will be invited to meet at MK Gallery to expand on ideas expressed in the workshops and have more conversations together.

The artwork inspired by the workshops and conversations will be created with repurposed textile materials from today's world; demonstrating the importance of taking care of our world's current resources and giving the work a meaningful link to our past as well as our future.

Deb and Sarah hope you will join them from January 2027. Look out on CPCC social media, website and noticeboards for information on how you can get involved.



Pictured: Sarah Hunt working on a textile project with young people at MK Gallery



Deborah Fielding creating a collaborative story with children at a Milton Keynes Arts Centre event

Details of upcoming workshops and special events at MK Gallery can be found at www.miltonkeynesartscentre.org

MK Gallery · CPCC · Milton Keynes City Council · Arts Council England · Milton Keynes Arts Centre

LOVE SHOULDN'T HURT



Helpline
0344 375 4307

Monday - Friday 9-5pm.
Please note calls are charged at local rate.
National Helpline Number: 0808 2000 247 (24hr service)

Contact us for:

- Confidential advice
- Support and information
- Access to emergency accommodation

MK Act provides domestic abuse intervention services to residents across Milton Keynes

@MKActCharity www.mkact.com info@mk-act.org



Exercise Class

at Oldbrook Centre



A fun and welcoming class designed for all abilities. There is an option to be seated if you prefer



at Oldbrook Centre
(next to The Cricketers MK6 2HX)
every Thursday
6-6:45pm

£4 per person

PERFECT IF YOU WANT TO:
Improve mobility & balance. Build strength & confidence

CPCC Campbell Park Community Council

Please arrive at 5:45pm for your first session as you will need to complete a registration form.
For more information contact CPCC on 01908 608559



Seated Exercise Class

A fun and welcoming class designed for all abilities.



at CPCC Community Hub
(Springfield Blvd MK6 3JS)
every Monday

at Willen Pavilion
(Portland Drive MK15 9JP)
every Tuesday

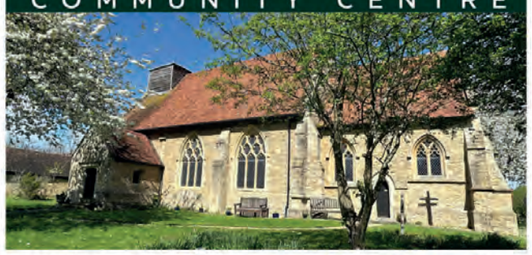
1:30 - 2:15pm **£4**

PERFECT IF YOU WANT TO:
improve mobility, increase confidence, build strength and balance in a supportive environment

CPCC Campbell Park Community Council

For more information visit our website www.campbell-park.gov.uk or contact CPCC on 01908 608559

WOOLSTONES
COMMUNITY CENTRE



Woolstones beautiful 13th Century Community Centre is available for regular and ad hoc hire by groups and individuals



Perfect for parties, receptions, yoga, dancing and many more activities





To book your event either scan the QR code or visit us at www.woolstonecommunitycentre.co.uk

COLLECTION OF USED POSTAGE STAMPS

We are pleased to support Canine Partners, by collecting used postage stamps.

Canine Partners breed, train, and support expert assistance dogs to create loving, life-changing partnerships with disabled people.

Across the UK, Canine Partners support people with a variety of physical disabilities and their families, carefully matching them with a dog that suits their needs, personality, and lifestyle.

Their dogs bring confidence and independence, love and companionship, reducing reliance on carers and giving people the freedom to live life their own way.

More information about Canine Partners can be found at **www. canine partners.org.uk**

You can help by collecting any used stamps you receive and putting them in the red box in the café area at the CPCC Community Hub.

Contact by Tuesdays to find out more

FOR BOOKING INFO WHATSAPP 07962891680

Jumping beans

STAY AND PLAYGROUP

for under 5s and their grown ups

WEDNESDAYS

9.30 to 11.30

SPRINGFIELD MK6

A friendly, welcoming space to play, learn and connect together

PLAY FRIENDSHIPS FUN COMMUNITY

Snack menu available for everyone

Come along, make new friends and enjoy special moments together!

Please bring:
- Travel cup for hot drinks
- Children's water bottle
- Spare clothes
- Waterproofs are available
- Weather-ready clothes

Snack menu available for everyone

MK Community Foundation Funding Fairness

Supported by funding from The National Lottery Community Fund and MK Community Foundation

THE NATIONAL LOTTERY COMMUNITY FUND

SAVE MONEY & REDUCE SURPLUS FOOD EVERY WEEK

Join your local Community Larder

SOFEA

FareShare

in kind direct

YOUR MEMBERSHIP PERKS

Save money on groceries | Fresh fruit, veg & staples | Different items every week | Friendly local community | Help reduce food surplus



16 different larder locations available within the Milton Keynes area!

£4.50

- Take home up to £20 worth of surplus food such as **fruit, veg, tinned goods, frozen food, sweet/savoury items & more.**
- Meet new people in your community for some coffee/tea in a friendly environment and benefit from other community services.
- This is open to everyone looking to support our mission in reducing food waste & re-distributing surplus food.

Scan the QR code to join Springfield Larder
at CPCC Community Hub
Springfield Blvd, MK6 3JS
Every Wednesday
***NEW* LONGER OPENING HOURS**
3pm – 7pm



GET A MINIMUM **£20** WORTH OF FOOD FOR JUST **£4.50**

JOIN US FOR A

CHRISTMAS FAYRE

FRIDAY 4 DECEMBER
3PM TO 7PM

CPCC Community Hub,
Springfield MK6 3JS

FOOD **MUSIC**

CHRISTMAS LIGHTS SWITCH ON

STALLS **CRAFTS**

VISIT SANTA'S GROTTO (FREE)

CPCC
Campbell Park Community Council